Hearts and Hammers Workday Volunteer Waiver/Release

In consideration of the opportunity afforded to me to assist on a voluntary basis in the Hearts and Hammers home repair workday, in which homes of people in need will be repaired by volunteers, I hereby waive any right or cause of action arising out of, or connected to, my participation in said project from any liability that may or could accrue against Hearts and Hammers or its Board, collectively or individually, except as results from Hearts and Hammers sole negligence. Without limiting the generality of the foregoing, I agree that this waiver shall include any rights, or causes of action, resulting from personal injury to me or any damage to my property sustained in connection with my activities for Hearts and Hammers.

Print name	Signature

(For large teams, more room on back)